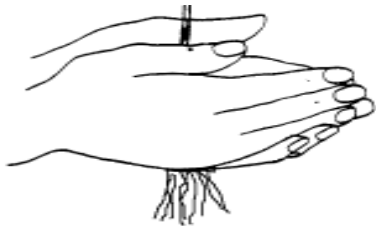


## Hand washing technique



Wet hands under running water  
Take a measure of soap



Work into hands, palm to palm



Rub palms over backs of hands  
Interlacing the fingers



Rub palm to palm, fingers interlaced



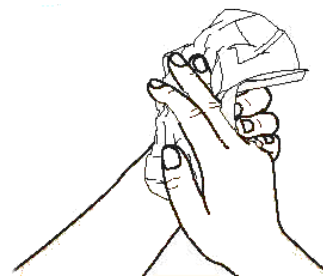
Clasp fingers to rub backs of fingers



Rotational rubbing of thumbs



Finger tips together rubbing into  
palms



Thorough drying (preferably with paper  
towel)